

# STATE GAMES OF AMERICA – SWIMMING

## AUG 5-7, 2011

**Host team: College Area Swim Team**

**Approval:** This meet is an approved meet. This means that all events in the morning sessions as well as the 24& U division Saturday afternoon, will be conducted in accordance with USA swimming Rules. Times achieved by USA swimming members will be “approved” and uploaded to the USA swimming database. The 25 &O division will be conducted in accordance with USA Masters swimming rules.

**POOL: UCSD Canyonview complex – Competition pool. 8 Lane 50M pool.**

See last page for directions.

The minimum water depth, measured in accordance with Article 103.2.3, is 7 feet throughout the pool.

The competition course has not been certified in accordance with Article 104.2.2C(4).

Parking is available in the lot immediately to the west of the complex, and just across the freeway. (see maps)

Snack bar Available. Hospitality will be provided to coaches and officials.

### **ELIGIBILITY:**

Open to any SGA qualified swimmer\* and all California Residents (minimum 30 days).

- If you received a medal in your state's 2009 or 2010 State Games, you qualify to compete in the 2011 State Games of America. We are also accepting athletes who win a medal in their 2011 State Games, if they have completed their Games before the SGA entry deadline for their sport. (Since this combined with the California State Games, California residents do not have to qualify – all California residents are eligible). Any eligible athlete may enter up to 6 individual events. They need not have medalled in those events in the past.

**AGE:** Age is determined by the age of the swimmer on first day of the meet, Aug. 5th. **Special Note: 8 and Under swimmers will compete in the 10 &U events, but will be separated out for awards! Example: an 8 year old who finishes 6<sup>th</sup> behind five 9 and 10 year olds will receive a gold medal as the top 8&U.** Swimmers must compete within their age group, including relays. Swimmers could swim, for example, as a 12 year old in the 11-12 50 fly and also in the 24&U 100 fly.

### **RULES:**

Current USA Swimming, and USA Masters Swimming (25&O), rules will govern the competition. You do not need to be a USA Swimming or USAMS member to participate. Coaches will be asked to verify USA swimmer ID numbers of athletes who wish to have their times uploaded to the USA swimming database. Swimmers without an EXACT ID NUMBER match of the USA swimming database will not have their results uploaded.

**Entry: \$45 if registered online or as a team entry via Hytek. \$55 per athlete if registered as individual by mail.**

**Method 1 (preferred)** – Team entry:

Submitted electronically using Hy--Tek Team Manager compatible software. Generate the following files:

- 1) Entry report (sort by name), 2) Entry Fee report, and 3) the meet entry export file (zip file).

and e-mail all 3 to: [entries@calstategames.org](mailto:entries@calstategames.org)

Entry file can be uploaded at: [www.calstategames.org/sga-swimming.html](http://www.calstategames.org/sga-swimming.html) or [www.si-swimming.com/?page\\_id=2](http://www.si-swimming.com/?page_id=2)

**Method 2** – Individual entry can be done online on the State Games of America swimming page:

<http://208.106.191.140/html/california/registrationStep0.asp?action=&sportID=20>.

**Method 3** – by Mail. Submit name, team, events, and times, and waiver form to the address below. Entry form available on Cal State Games website: <http://www.calstategames.org/sga-registrationforms.html>

**WAIVER: All swimmers must fill out a waiver form and send in with the payment. Waivers are available here:**

<http://www.calstategames.org/pdf/2011%20SGA/REG%20FORMS/SGA%20WAIVER.pdf>

### **ENTRY FEES:**

\$45.00 per swimmer – if method 1 (team entry), or method 2 (online). \$55 if individual entry is mailed in (entry method 3). All swimmers may enter up to 6 events. There are no individual event fees. (\$10 per relay team –paid on deck) Team entries are to be paid in a single check. And mailed within 48 hours of e-mailing the team file. Make checks payable to: State Games of America  
Send to: State Games of America, 3260 Rosecrans St. San Diego, CA. 92110.

**RELAYS:** ARE DECK ENTERED. Athletes must already be entered into the meet to be eligible for relays. There is a \$10 additional fee per relay team. Youth only, there are no relays in the 24&U, 25&O divisions. Special note for relays. There is a Boys division and a Girls division. **However, to help provide more swimming opportunities for smaller teams we will allow mixed relays to compete (any combination of boys and girls). Mixed relays will be marked as exhibition and will NOT be scored or receive medals.** Seeding for mixed relay submissions will be up to the meet director as to whether they will be seeded with the boys or girls relays.

### **ENTRY TIMES:**

Submit swimmer's best Long Course time. If the swimmer does not have a Long Course time submit their Short Course time designated with a "Y" for yards. Submit NT if the swimmer does not have a time. Seeding will occur in the following order LC times then SC times then NT. **NOTE:** This meet has no time standards so we will not be verifying entry times. If you wish to be seeded among the Long course times you may use an estimated time or a converted time (time converter). [www.ilswim.org/timeconversion.htm](http://www.ilswim.org/timeconversion.htm)

**Entry limit:** Each swimmer may enter up to 6 individual events + relays (reminder that relays are deck entered).

**ENTRY DEADLINE:** Swimmers using entry **method 2 or 3** as listed above: Deadline is **midnight, July 15** (method 3 must have U.S post office postmark on the 15<sup>th</sup> or before). Team Entries using **method 1** above (team entry on HYTEK acceptable file) have a deadline of **midnight, July 26<sup>th</sup>**. Updated times from previous entries will be accepted via e-mail up until midnight, July 26<sup>th</sup>. In other words, if you have already submitted your individual entry prior to the deadline, and your swimmer has since achieved a faster time, you may submit an update to that time. Submit to [dave@castswim.com](mailto:dave@castswim.com)

**NO LATE ENTRIES WILL BE ACCEPTED!**

### **WARM-UP:**

Warm-up for session 1 will run from 8:00 – 8:55 on Friday August 5<sup>th</sup> with the meet beginning at 9:00 a.m. Warm-up for sessions 3 and 5, Saturday and Sunday will be from 7:00 – 7:55 with the meet starting at 8:00 a.m.. Depending on the size of the meet we may run 6 or 7 lanes for competition with Lane 8 available for warm-up. If size dictates, we may have warm-up available in the adjacent pool during the morning sessions. Warm-up for sessions 2 & 4 will be announced and listed on the SGA website no later than Aug. 1.

**MEET TIMELINE:** will be posted on the Cal State Games swimming website no later than Aug. 1. This will include estimated warm-up times for the Friday and Saturday afternoon portion of the meet (sessions 2 & 4).

### **ATHLETE CHECK-IN:**

#### **Individual and Team Athlete Check-In: (Town & Country Hotel)**

Garden Ballroom (above Charlie's Sports Grill)

*Wednesday August 3: 6pm - 9pm*

*Thursday August 4: 10am - 9pm*

*Friday August 5: 9am – 4pm*

Athlete Check-In is the first impression the athletes have of the 2011 State Games of America. We make our Check-In very exciting for the athletes. They walk in to an area decorated with banners and flags. They go to the table designated for their sport. At Check-in, they will receive a credential and goody bag full of items such as: memorabilia from local professional sports teams, snacks, and discounts at local attractions. They are given specific directions to their sport venue and Opening Ceremonies instructions. Coaches or team representatives may check in an entire team. **There will be no goodie bags at the actual meet!** They are only available for pick-up at the above listed time and location.

**PRE-SEEDED MEET:** The meet will be pre-seeded, with no penalty for no-shows. **There will be no event check-in required at the meet.**

**Opening Ceremonies: (Qualcomm Stadium)**

The ceremonies begin at 6:30pm and the Athlete Village opens at 4:30 pm in parking lot L1. Opening Ceremonies is a truly spectacular event that athletes will remember for a lifetime. The athletes are amazed when they find out they get to walk on the field at Qualcomm Stadium. The estimated attendance is 30,000, the largest ever for a State Games of America. The Opening Ceremonies has always been the highlight of the Games. We are looking forward to having the State Games of America Opening Ceremonies be an even more spectacular event than in the past.

**AWARDS:**

Medals 1-3. For Youth, a Team Champion Banner will be awarded and will be scored through 8th place and is not based on medal count. Scoring will be 9-7-6-5-4-3-2-1 for individual events and double scores for relays. Sessions 2 & 4 will not count towards team championship scoring. We will have breaks during the meet in order to award medals.

**CANOPIES:** can be set up on the deck over the coaching tables, in the top 6 rows of the bleachers, and areas on the pool deck against walls.

For Information contact: Dave Kilmer. E-mail: [dave@castswim.com](mailto:dave@castswim.com)

STATE GAMES OF AMERICA - SWIMMING					
August 5-7, 2011					
8:00 a.m. warmup					
Friday a.m.		9:00 a.m. Start		Friday afternoon	
Session 1				Session 2	
Girls	Boys			masters will begin no less than 30 min after the end of session 1 (estimated start time 12:30)	
1	2	10-U*	200 IM	women	men
3	4	11--12	200 IM	101	102
5	6	13--14	200 IM	103	104
7	8	15--18	200 IM	105	106
9	10	10-U	50 Free	107	108
11	12	11--12	50 Free	109	110
13	14	13--14	50 Free	111	112
15	16	15--18	50 Free		
* 8&U swimmers will be swim in the 10&U events but separated out for results, scoring and awards.				24&U	200 Free
				25&O	200 Free
				24&U	100 Breast
				25&O	100 Breast
				24&U	50 Free
				25&O	50 Free

7:00 a.m. warmup			
Saturday a.m.		8:00 a.m. Start	
Session 3			
Girls	Boys		
17	18	10-U*	50 Fly
19	20	11--12	50 Fly
21	22	13--14	100 Fly
23	24	15--18	100 Fly
25	26	10-U	50 Back
27	28	11--12	50 Back
29	30	13--14	100 Back
31	32	15--18	100 Back
33	34	10-U	200 Medley Relay
35	36	11--12	200 Medley Relay
37	38	13--14	200 Medley Relay
39	40	15--18	200 Medley Relay
41	42	10-U	100 Free
43	44	11--12	100 Free
45	46	13--14	100 Free
47	48	15--18	100 Free
* 8&U swimmers will be swim in the 10&U events but separated out for results, scoring and awards.			
7:00 a.m. warmup			
Sunday a.m.		8:00 a.m. Start	
Session 5			
Girls	Boys		
49	50	10-U*	200 Free
51	52	11--12	200 Free
53	54	13--14	200 Free
55	56	15--18	200 Free
57	58	10-U	50 Breast
59	60	11--12	50 Breast
61	62	13--14	100 Breast
63	64	15--18	100 Breast
65	66	10-U	200 Free Relay
67	68	11--12	200 Free Relay
69	70	13--14	200 Free Relay
71	72	15--18	200 Free Relay
* 8&U swimmers will be swim in the 10&U events but separated out for results, scoring and awards.			

Saturday afternoon			
Session 4			
masters will begin no less than 30 min after the end of session 1 (estimated start time 2:00)			
113	114	24&U	200 IM
115	116	25&O	200 IM
117	118	24&U	100 Fly
119	120	25&O	100 Fly
121	122	24&U	100 Back
123	124	25&O	100 Back
125	126	24&U	100 Free
127	128	24&U	100 Free
Timelines will be posted on the State Games website by Aug. 1			

Note: Any swimmer who is eligible to compete, may enter up to 6 individual events + relays. (Swimmers from outside California need only have medalled in 1 event –individual or relay in their state games meet in 2009 or 2010 to be able to enter up to 6 individual events). All California residents are eligible regardless of whether or not they competed or medalled in a previous California State Games.

**Last year's (2010) winning times**

**California State Games**

<b>10&amp;U Girls</b>			<b>10&amp;U Boys</b>		
50 Free	M. Kelly/D. Nowaski	33.86	50 Free	B. Honng	35.06
100 Free	M. Kelly	1:13.32	100 Free	E. Lindheim-Marx	1:16.07
200 Free	D.Nowaski	2:36.23	200 Free	E. Lindheim-Marx	2:39.42
50 Back	M. Kelly	40.47	50 Back	C. Heredia	41.88
50 Breast	R. Rhee	47.36	50 Breast	C. Temple	45.39
50 Fly	D.Nowaski	37.29	50 Fly	C. Heredia	37.63
200 IM	D.Nowaski	3:02.41	200 IM	C. Heredia	3:00.92
200 Fr relay	CAST	2:28.91	200 Fr relay	LAC	2:33.77
200 M relay	CAST	2:51.64	200 M relay	CAST	2:56.66
<b>11-12 Girls</b>			<b>11-12 Boys</b>		
50 Free	A. Seale/S. Nowaski	29.92	50 Free	P. Seale	30.60.
100 Free	S. Nowaski	1:04.87	100 Free	P. Seale	1:06.88
200 Free	S. Nowaski	2:20.98	200 Free	P. Seale	2:27.67
50 Back	A. Seale	37.19	50 Back	P. Seale	36.60
50 Breast	A. Seale	38.83	50 Breast	J. Peleaz	40.40
50 Fly	S. Nowaski	32.05	50 Fly	A. Lopez-W-A	33.81
200 IM	S. Nowaski	2:38.73	200 IM	A. Lopez-W-A	2:55.62
200 Fr relay	SBA	2:05.75	200 Fr relay	LAC	2:23.22
200 M relay	CAST	2:24.65	200 M relay	CAST	2:46.65
<b>13-14 Girls</b>			<b>13-14 Boys</b>		
50 Free	A. Tanguilig	29.57	50 Free	J. Miclat	27.26
100 Free	A. Tanguilig	1:02.70	100 Free	J. Miclat	59.77
200 Free	A. Tanguilig	2:18.84	200 Free	Z. Wallace	2:16.14
100 Back	J.Miclat	1:17.05	100 Back	W. Wittlesey	1:10.47
100 Breast	R. Campos-Laurente	1:27.49	100 Breast	Z. Wallace	1:23.19
100 Fly	A. Tanguilig	1:10.72	100 Fly	U. Jiminez	1:09.88
200 IM	A. Tanguilig	2:37.50	200 IM	U. Jiminez	2:31.01
200 Fr relay	LAC	2:04.04	200 Fr relay	MEYR	2:00.88
200 M relay	LAC	2:20.31	200 M relay	CAST	2:15.89
<b>15-18 Girls</b>			<b>15-18 Boys</b>		
50 Free	S. Proffit	30.48	50 Free	M. Briscoe	27.25
100 Free	J. Nguyen	1:03.76	100 Free	M. Briscoe	57.98
200 Free	J. Nguyen	2:14.69	200 Free	M. Briscoe	2:09.41
100 Back	S. Martinez	1:15.61	100 Back	D. Mai	1:10.53
100 Breast	M. Dockendorf	1:17.21	100 Breast	J. Ornelas	1:20.77
100 Fly	M. Dockendorf	1:07.89	100 Fly	E. Arana	1:08.36
200 IM	M. Dockendorf	2:29.39	200 IM	M. Filip	2:33.49
200 Fr relay	SBAC	2:01.48	200 Fr relay	LAC	1:57.79
200 M relay	SBAC	2:18.08	200 M relay	LAC	2:17.20
<b>24&amp;U Girls</b>			<b>24&amp;U Boys</b>		
50 Free	H. Ferrer	28.75	50 Free	T. Bruce	26.27
100 Free	H. Ferrer	1:02.80	100 Free	C. Christy	56.66
200 Free	J. Heim	2:14.10	200 Free	A. Rodriguez	2:02.97
100 Back	K. Fontana	1:09.78	100 Back	J. Difederico	1:03.50
100 Breast	N. Tex	1:23.01	100 Breast	E. Simoni	1:09.38
100 Fly	J. Heim	1:08.23	100 Fly	J. Difederico	59.81
200 IM	E. Cox	2:33.74	200 IM	E. Simoni	2:11.91

For 25 & Older results see California State Games Results from July 10-11

[http://www.si-swimming.com/?page\\_id=1434](http://www.si-swimming.com/?page_id=1434)

# Directions to Canyonview pool complex at UCSD



Take the GENESEE AVE EAST ramp.  
Merge onto GENESEE AVE.           0.5 mi  
Turn RIGHT onto CAMPUS POINT DR.       0.1 mi  
Turn RIGHT onto VOIGT DR.           0.6 mi  
3300 VOIGT DR.

Parking available at the lot 200 yds east of the pool or 400yds east of pool.  
Weekend parking is free.

